



TBRNA Regional Service Conference – November 11, 2023 – Hybrid Meeting
Next Quarter TBRSC will be a hybrid meeting on February 3, 2024
5555 North Lamar Blvd. Suite J-103 Austin, TX. 78751

The Record

Meeting opened by Michael C. at 9:025am with a moment of silence followed by the readings of the Twelve Traditions and Twelve Concepts.

Service Work Prayer by Michael C.

New participants in attendance were Burt B. (EANA)



Attendance

Servants

Facilitator	Michael C.	Present
Co-Facilitator	Chris H.	Present
Treasurer	Kent L.	Present
Co-Treasurer	Tom K.	Present
Regional Delegate	Steven P.	Present
Regional Delegate Alternate	Ruben P.	Present
Recorder	Esteban R.	Present
Adopt an Inmate Facilitator	Herb M.	Absent With Notice
Convention 2024 Facilitator	Tom M.	Present
Hospitals & Institutions Facilitator	Richard T.	Absent No Notice
Internet Technology Facilitator	Steve S.	Absent With Notice
Literature Review Facilitator	Lynn S.	Absent With Notice
Policy Facilitator	Megan H..	Present
Public Relations Facilitator	Patsy P.	Present
Service Pool Facilitator	Michael S.	Present
NA.Tex	Randie B.	Present
Ad Hoc Sponsorship Behind the Walls	Susen GB	Present

Attendance

Area Representatives

	Brazos Valley Area	Michael C.	Present
	Brazos Valley Area		
	Central Texas Area	Cleto M.	Present
	Central Texas Area	David P.	Present
	Coastal Bend Area	Mario V.	Present
	Coastal Bend Area		
	Esperanza Area	Burt B.	Present
	Esperanza Area	Gary L.	Present
	Freedom Area	Chris C.	
	Freedom Area	Laura S.	
	Hill Country Area	Shan O.	Present
	Hill Country Area	Brian B.	Present
	Houston Area	Sarah H.	Present
	Houston Area	Henry H.	Present
	Northside Area	Ron P.	Present
	Northside Area	Paul C.	Present
	Rio Grande Valley Area	Christina R.	Present
	Rio Grande Valley Area		
	Southeast Texas Area	Micah J.	Present
	Southeast Texas Area	Paulina G.	Present
	Texas Tri-County Area	Bryan B.	Present
	Texas Tri-County Area	Jamie	Present

Elections:

Facilitator: Chris H. presented his qualifications and was elected as TBRNA Facilitator.

Co-Facilitator: Kent L. presented his qualifications and was elected as TBRNA Co-Facilitator.

Treasurer: Tom K. presented his qualifications and was elected as TRBNA Treasurer.

Discussion: Tom K. requested to leave this RSC at 1:00 or 1:30pm due to work schedule.

Co-Treasurer: No nomination; goes back to the Areas.

Recorder: No nomination; goes back to the Areas.

Discussion: Patsy P. volunteered to take minutes for the Record at the February RSC.

Policy: Megan H. was re-elected at TBRNA Policy Facilitator.

Question: Qualifications for Co-Treasurer requested and were given.

TBRCNA 2025 – Kamie H. was elected as 2025 Convention Facilitator –

Facilitator Michael addressed the issue of the conflict between the convention guidelines and the regional policy and to have them corrected.

Delegate Team Report:

Regional Delegate: Steven P

Good morning to all. Welcome to the Fall Region Service Committee meeting in Huntsville, Texas. For those of you who don't know I recently moved to the "big thicket" near Livingston. I live about an hour east and a bit south of this morning's meeting. Welcome to the land of woods, lakes, wildlife and parks. In the past quarter there was a conference participant webinar concerning the Independent Discussion Topics (IDT's) that were the most supported items from around the world at the last World Service Conference. The two topics that floated to the top based on input from individuals and Regions and Zones are disruptive and predatory behavior, and inclusive language. The Region had a workshop a few weeks ago concerning these items. The meeting was hybrid – in person and online - and several members attended. The most common response was that these topics are important to the fellowship, and more discussion about them is supported by members of the Region.

This last quarter I attended several ASC meetings and worked to provide information and support to the Areas to the best of my ability. I attended a few of the subcommittee meetings of the Region and am truly grateful to be able to participate online.

Narcotics Anonymous World Services is preparing to transition from listing every meeting around the world on their website to providing links to the websites for Areas and Regions so that members can search for meetings near them wherever they may be. I sent a few emails to NAWS seeking to update the information that they have, and I sent some emails to the Region asking that each Area check their websites to insure that they are current and accurate. This afternoon at 1 PM there will be a webinar concerning updating websites and helping improve the search process for meetings. I will be stepping out of the RSC to participate in that webinar.

Are there any questions about my report? Thank you for allowing me to be of service.

Discussion on report.

Regional Delegate Alternate: Ruben P.

Good Morning Everyone,

It has been a very busy quarter. I want to thank you for allowing me to be of service. I have really experienced the gift of what you have entrusted me to do.

• RGVNA Unity Day and PR event, 9/03/23.

- o Great workshop, well attended. I believe the event was successful.
- o I hope that the work we did there will have some impact on the local fellowship. There seems to be a need for continued support in the RGV area.
- o I want to thank PR for their support with this task.
- o I hope someone from the RGV shows up today.
- o We may want to help them become a Metro, in my opinion this would be a way to connect them to services.
- o I had 25 shirts made for the event. We had a slight misprint. The printer was contacted and he will make 25 shirts at no extra costs, except cost of shirts. I sold four shirts and the rest were given away.
- o On my way to the valley, I was able to contact Paul S. in order to pick up PR items. I asked if any monies were owed to him. He stated that he was owed \$170.00. I gave him the money when I picked up items.

o Expenses on attached spreadsheet.

• **Workshop in Corpus, Building a Better Home group, 9/30/23.**

- o I was asked by CBANA to do a workshop on Building Stronger Home groups.
- o The local PR Facilitator, Paul S. opened the workshop. I then proceeded to cover various topics. Materials used were from Building a Stronger Home group from NAWS.
- o We had a great turnout, approximately 70 people attended and great food was provided by the area.
- o A mock meeting was done by participants.
- o Small groups were done with eight groups. Eight people were in each group. It was great fun and everyone was engaged and participated.
- o Expenses on attached spreadsheet.

• **IDTs workshop, 10/03/23.**

- o I would like to extend a special thank you to the Hill Country area, along with PR for their assistance with finding the location and breakfast that was provided. It was held in New Braunfels in a great location.
- o I want to thank Steve S. for his assistance with all the technical set up and managing of the PowerPoint presentations and virtual meeting.
- o I would like to thank our RD for conducting the workshop virtually and overseeing the virtual breakout room discussions.
- o We had a great turn out in my opinion.
- o We averaged 10 people virtually and 10 people in person for about 20 participants.
- o Great questions were asked and everyone participated.
- o Expenses on attached spreadsheet.

• **NATexas.org committee.**

- I would like to inform the region that I have attended the NATexas.org meetings.
- o We have successfully moved this endeavor statewide.
- o I submitted a nomination for Facilitator, Pat G. (He was the second Facilitator for this Region, over 20+ years ago). I believe he will be a great candidate for this position based on his PR experience w/NAWS and his past employment.
- o I would like direction on how the region would like me to proceed with my role and my participation moving forward with this committee.
- o The next meeting will be November 11.
- o Thank you all who made this possible. I saw the effort, which was made years ago. I want everyone to be proud of moving the project forward.
- o There will be plenty of opportunity to reach the entire state of Texas via PR and H&I. This will allow us to give a NA a new look in the communities.

• **CP meeting from World.**

- o Workshop on phone line, 11/11/23.
- o IDTs information released by World, 9/23/23.
- o The new IDTs information was released at this meeting. The meeting started with 152 participants and ended with 166 participants.
- o THE WCNA39 convention information will be released at the end of the year. Remember that we are short staffed and logistics are a little behind.
- o Please hold off on renting air bnbs and hotels near the convention site. There will be plenty of rooms for everyone who is attending.
- o The next IDTs will be released on 11/18/2023.
- o The next CP meeting will be 12/2/23.

o Reminder to fill out the survey https://www.surveymonkey.com/r/23-24_environmental_scan you can complete as a member or area. Deadline to complete is 11/15/2023. The results will affect how the conference will move forward in the future.

• **US Zones meeting, 10/2/23.**

- o Recap, the latest surveys results are moving forward. This was the latest decision recommended for the US collaboration. After obtaining 80% support of the US regions. (67 regions).
- o We have created draft guidelines that we will continue to work on.
- o None of this is written in stone. The structures and functions of this collaboration will be written and defined by its members and ratified by its member zones.
- o We will build this together. Please go to <https://usa-na.org/tell-us-what-you-think/> and complete the survey.
- o The next two meetings will be 11/16/2023 @ 7pm (CST) and 11/27/2023 @ 6pm (CST). Come be a part of and everyone is welcomed to participate. Virtual information: Zoom 449 253 6438, no password
- o As of today, 42 of the 67 regions have responded.
- o 30/Yes, 5/No and 7/PNV; 86% support of those who responded, presented information about US collaboration during NEFZ business meeting.

• **SZF meeting on Monday before the MZSS.**

- o We have filled the following positions:
 - i. Scott M., Facilitator, Show Me Region,
 - ii. Zonal Delegate, Scott, Kentucky
 - iii. FD Coordinator, Kristen D., St. Louis
 - iv. AV Coordinator, Mark, Arkansas
- o It appears there is a cost to set up a 501.3c so the SZF can accept donations from the Volunteer region. Scott will research for an agent to assist with this process.
- o We decided to meet on the Monday before the MZSS in Detroit which provided a virtual platform for the meeting. We conducted business and did our zonal reports. That was the extent of the business. We met again on Sunday at the conclusion of the MZSS. I was able to participate until I had to leave for the airport. I then listened in until my flight left.
- o At the next zonal meeting we will conduct a zonal inventory that will be facilitated by Cindy from Oklahoma and Craig R. from North Carolina (former World Board/HRP member) which will be conducted on Friday evening at the opening portion of the SZF, which will be held on January 26-28 in St. Louis. The Show Me Region will host the Winter SZF 2024 forum. See attached flyer.
- o One of the regions reported they may be moving on and our zonal representative is from that region. This is something that will need to be addressed once they make their decision in January 2024.
- o On 11/4 we conducted a virtual meeting to report back to the World Board on our environmental scan as a zone. If you would like to know the results, I have them with me.
- o I had a lengthy conversation with a former Board member regarding how we reach a consensus of the scan.

• **MZSS event.**

- o This was a great experience. I learned a lot and attended many workshops with various topics.
- o I also attended workshops on the IDTs. It was the first time the WSO sent a travel team. Danny G. (World Board Chair), Steve R. (from the office), Daniel (former Conference Facilitator), who now works for NAWS, and Laura (former Co-Facilitator for Conference).
- o It was very informative. Ideas were shared that had not been discussed before and more information was provided.
- o I brought various handouts (see back table) and different key tags from around the world.

- o Soon you will be able to listen to all the workshops online, they were all recorded.
- o One suggestion I made to the MZSS was to release the virtual meeting information once the meeting started. There were only 2-3 people online during the virtual workshops at different times over the weekend.
- o Some of the information released was that pamphlet #1 and key tags have been translated into the language of the Navaho nation for the first time in our history.
- o Some of the other things discussed is that the words men and women don't appear in the Living Clean book. The book is more inclusive and is a snapshot of the current fellowship.
- o The small groups were fun, exciting, and informative That is where the creative action is born in this type of setting. Great notes were taken.

o Other things to report:

- o Jimmy started the World corporation of NA in 1976.
- o Today we have 66 regions in the US. We seated 5 new regions at this year's conference cycle. This means that we have more regions that are seated outside of the US. We are starting to become a worldwide fellowship.
- o Please fill out the focus group form that is online. https://naws.formstack.com/forms/volunteer_form
- o We have been running on 90% of income from literature sales.
- o Please continue to support NA by donating to www.na.org/contribute as of today we have received \$2.2 million in donations from members.
- o There are now 65 translated key tags (white) and 1300 translated pieces of literature.
- o Expenses on attached spreadsheet.

• Proposal to meet after the TBRNA 2024 convention.

RDA's Expenses Spreadsheet

Event	Expense	Cost	Total
RGV Unity/PR event	Gas	\$150.00	\$150.00
	Air Bnb	1347.82	(cost of 1 night at hotel)\$272.86
	Food	31.9	31.9
	Other: Food taken from home for Friday night fellowship gathering	75	75
	Monies to Paul S.	170	170
	Printer/shirts	289	This cost was not included
		Total	\$699.76
CBANA workshop	Gas	120	120
	Hotel	119.05	119.05
	Copies	45.06	45.06
	Supplies	56.25	56.25
		Total	\$340.36

IDT workshop	Supplies	38.96	38.96
		Total	\$38.96
MZSS	Hotel	462.3	This cost has been reimbursed
	Flight	410.95	This cost has been reimbursed
	Food	25X4 days= 200	This cost has been reimbursed
	Rental Car	242.49	242.49
	Registration	30	30
	Men's lunch	30	30
	Banquet- Saturday	45	45
		Total	\$347.49

Servant Reports:

Facilitator: Michael C.

It is time for me to formally thank this body for electing me onto the admin committee almost five and a half years ago as co-facilitator. This has been an amazing journey in my recovery. I have seen the worst in individuals some with the best intentions for the new way of life we have found in NA (self-included). Moreover though I have been blessed in a conscience based process where individuals come together guided by spiritual principles conducting the business that supports the Groups to carry the NA Message (our sole purpose).

As facilitator, policy states I did not have a vote, and should step aside to express my opinion on any issue at hand. From this, I learned that I not only had an opinion on many issues, but much more strongly I have a clear procedural mandate on the process of coming to conscience. The NA Tradition and Concepts of Service are the backbone of this procedure.

Unity comes first, anonymity is the spiritual foundation, with our diversity all view points matter, and the individual discipline to listen first. Thus; communicating effectively and efficiently in conducting the business given to this body.

After the first RSC I facilitated, I was ready to quit, but I got a hug and was told I did a good job. I told my sponsor how I had failed and his response was, 'It was my job as Facilitator to apply the First Tradition.' The whole first year was an internal struggle filled with self-doubt.

Looking back now, the daily challenges in life as in service are the opportunities in my recovery. The only difference being that in service another addict has gone out of their way to support me. Formal service in the NA structure is truly the kindergarten for life on life's terms.

Though I know diversity is our strength, in the moment of debate I still struggle with dissent and confrontation. Yet personal growth is the spiritual process for me, no matter how my personality gets caught in the momentary issue.

To those that were here when I was elected and believed, those that had differing opinions along the way and especially those who picked me up and so freely gave me their strength to continue through the self-doubt. Thank you all, ILS

Co-Facilitator: Chris H. –

Greetings. Thank you for the honor of serving this committee and by extension each of you, your areas, and the addicts we serve. I feel privileged to serve on this committee. I forget to acknowledge, what is obvious in my heart and I believe in each of you, that what we do here can and does affect the ability of our member areas and groups to carry the message. That is a sacred trust that fills my heart. Thank you, each of you.

I can only hope that this body agrees to continue support for me to now serve as Facilitator. One of the pleasures I have enjoyed in this Co-Facilitator position is that we have been served by a Facilitator with the approach and capacity that I can only hope to achieve. It is hard for me to express how lucky I feel to have witness Michael's methods and his dedication to facilitate, and not influence. I have witnessed others with the same knack for the position and it is always the committee who enjoys the results.

While I did not get to focus on assisting and learning as closely as I wish, I can hope to serve in the same spirit. You can see, I am touched by the humble message in his report this month and I feel it as challenged to serve in that mode.

Once again, I did not have much to offer in service to the committee during this cycle.

I did meet with the IT subcommittee. They are making the effort to make the multimedia aspect of our conferences run smoother. Steve and Collin have great ideas and I hope we get to implement what they have planned. At the very least, it is time for this region to own the equipment necessary to run the required hybrid meeting so that the equipment can be permanently configured, ready to use. But also, the committee agreed that we should move to isolate the speaking member from distracting background noise. I agree that it is less convenient for the speaker to have to walk to the lectern for a microphone, but it will be much more respectful to the online members if we make this effort to improve how we communicate.

I missed the September Texas State Convention Advisory board meeting. I worked late, but in actuality I had simply forgotten the date. I owe that committee amends. I did, however, offer to do some formatting of their policy as their policy chair had reached out for help with that formatting.

I was asked by a member to chair the RGVNA Area Service committee and actually to join that committee as its facilitator. Apparently someone on this body instructed the member that it is my responsibility to chair/facilitate an area that has no chair or facilitator. Not only do I not understand that to be a responsibility of the Co-Facilitator of the Regional committee, but have feelings about a member of this body having that much influence on a member body. And more importantly, I understand our guidelines and traditions to implore that we elect our servants and for them to be elected from members of our own body. However, I agreed to chair the coming meeting (No past). I reached out but did not get any communication back. I did not follow up afterwards, except with an email. So I am not sure that committee had any interest in my help at all. Having said all that, if our policy or NA guidelines give me that responsibility and I have missed that direction, then I will comply, and at the very least I am happy to help that committee, including facilitating a meeting, in hope of helping them with my experience and to elect a facilitator of their own.

I am at your service. Call, write, or even better Text me any time day or night. You might find me on social media, but not often, but I try to make up for that by keeping my phone on at all times and checking mail daily. Yours, Chris H.

Treasurer: Kent L.

Quick Financial Glance

Check list for Treasurer

All Donations Deposited

☒

within 7 days

Sales Tax Reported/ Paid

☒

(if Applicable)

Check Book Reconciled

☒

Insurance Paid

(if Applicable)

Pay AAI Lit. Invoices

☒

(if Applicable)

Southern Zonal Donation

☒

(if Applicable)

Prepare RSC Report

☒

include All

"Account Activity"

☒

Donation Record

☒

NAWS Contribution Receipt

☒

Web File Receipt

☒

Regional Insurance Receipt

☒

Starting Balance from last RSC:	\$14,688.93
All expenses paid out:	\$7,284.91
Total:	\$7,404.02
All Income Received:	\$3,847.21
Total:	\$11,251.23
Minus our Prudent Reserve of \$7500,00:	\$7,500.00
Current Starting Balance for this RSC	\$3,751.23

Total expenses plus income this RSC

\$0.00

(if Applicable)		Remaining Balance	\$3,751.23
Bank Statements	<input checked="" type="checkbox"/>	RSC Working Balance	\$3,751.23
Checks to NAWS	<input checked="" type="checkbox"/>	Prudent Reserve	\$7,500.00
front & back		Ending Balance	\$11,251.23

Comptroller Sales & Use Tax E Confirmation: You Have Filed Successfully: 11/9/2023 \$74.85

*Spreadsheet and receipts attached

Recorder: Esteban R.

Greetings all: My commitment as this region's recorder ends after I send out today's RSC Record in a couple of weeks.

This position has been a very challenging learning process as I navigated and maneuvered along the pathway of the virtual recordings and deciphering them for the record for the past 2 years.

It is my hope that the next body of elected trusted servants will continue to explore and invest in obtaining suitable equipment to host these RSCs successfully.

In closing, I would like to send the following information to the RCMs as a friendly reminder to assist you in submitting your Area Reports to this region. This information is from our Regional Policy.

Information from the Area and Group Level to the Region:

Basics in an RCM report

1. Area name
2. Number of Groups and meetings in the Area
3. Area level trusted Servant positions filled
4. Area and Group events, report on past and announcement (with flyers) for upcoming events
5. Group tally on old Regional business and proposals previously sent back to Area
6. Request for services to the Area and Groups from the Region and its subcommittees
7. Any other request for local support
8. Donations to Region (for treasurer's verification)

Important Information from Region to the Areas and Groups

1. Proposals directed to be taken back for Group consensus
2. Information provided by the Regional Delegate Team (RD and RDA; our direct connection to World and Zonal Forums)
3. Information and meeting dates of Regional subcommittees
4. Administrative business decisions conducted by the Region
5. Information and events from other Areas in the Region
6. Providing access to a copy of Regional minutes (The Record)

And so, as the sun slowly sets into the West, I bid y'all a fine farewell.

In Living Service, Esteban R.

Policy Facilitator: Megan H.

Hi everyone, here is my report for the upcoming RSC meeting:

Per passed proposals during RSC meeting in August, the following changes have been made to policy:

- NA Texas Website Committee has been added as a standing subcommittee
- Convention Advisory Committee has been renamed as Standing Convention Committee (I believe this change was made a while back but I had not updated it in policy until now)
- Section 3: Proposals
 - No longer in policy: *Any proposals intended to be presented in the CAR as a motion at WSC will go back to areas for discussion.*
- Section 6: Regional Assembly
 - Guidelines for conducting business at the regional assembly have been changed to match WSC 3-year cycle
- Section 7: Financial
 - Hard numbers for admin & subcommittee budgets have been added back into policy

I believe the discrepancy between convention guidelines and regional policy regarding when a convention facilitator is voted in will be addressed by a proposal during the RSC meeting from someone actively involved with the convention.

Please refer to the attached draft of policy which includes comments to show what changes were made. The current final draft of policy (with changes included) is also attached. Both copies are on the website. Thank for you allowing me to serve, Megan H.

TBRCNA 2024: Tom M.

Dear Family, Convention 24 is moving along great. The speakers have been selected for the Convention. We are asking that you get your room booked as soon as possible so if we need to increase the room block process. Don't forget to get registered for the convention. Comedian and banquet tickets are going fast. Get them while they're available. If you're interested in being of service please let me know..

Beth, the Hospitality Chair, is here to help you get your group's and areas signed up if willing. We have tee-shirts and registration forms available today. We're having a Chili cook-off the 18th at 3307 Ayer from 1:30-5:30 and 2 speakers from the Huston Area. 1st, 2nd and 3rd place prices \$10 entry fee. \$5 Bottomless Bowl. Looking forward to seeing you in Corpus Christi for TBRCNA 24. In loving service Convention 24 Tom M.

Brazos Valley: Michael C.

BVANA has 5 groups in 6 locations, meeting fifteen times a week on the posted schedule. Area meets quarterly the Saturday before Region, with the location rotating between the groups. This last Area was elections with 3 groups represent and 7 people in attendance, including an outside presenter.

Facilitator; Todd (new) Co-facilitator; George (new) Treasurer; Michael C (1yr remaining)
 Co-treasurer; Michael H (1yr remaining) Recorder; Mollie B
 (continuing Co-recorder; De 'Angela S RCM; Michael C (RCM2 Vacant) H&I; Peter G (new)
 PI; Jacqueline (continuing) Policy and Activities are ad-hoc committees; (vacant)

The acting Chair of the Aggieland Recovery Roundup convention (formerly AAggieland Convention) Presented to Area the plan and scope of this newly reformed recovery convention. He made it clear that

new format created new challenges in the relationship with the various 12 Step fellowships (the 6th Tradition). He made it clear that all donations would be on an individual basic and corporate support and committee fund raisers. It was discussed that PI could be given a time slot for a formal panel presentation and that this venue would be a good opportunity for the Regional PI tri fold booth. We discussed the NA as such involvement, the 6th Tradition announcements of this event at a group level and as an Area we serve the groups. Thus, the decisions on this matter are up to the groups to confirm that we can do things like announce that there is a PI presentation happening at this event or the Regional PI booth (if done) is there. (or not?)

2 conclusions:

- 1 There is a clear difference what individuals can do to participate in this new recovery event in our Area and the NA traditions protecting the fellowship even when it might seem like good idea.
- 2 We need help from the region, other Areas with experience with Recovery Events in making better chooses within the NA structure in our Area. The integrity of the NA message critically important. But our area suffers from addicts seeking recovery in the other fellowship and this might be a venue to improve the perception of the local NA community. Any help with this issue is much appreciated, bearing in mind that I am available beyond the RSC floor. ILS Michael C

Central Texas: Cleto M. & David P

Hello TBRNA Family,

This is my last meeting with region, of my two-year commitment for CTCNA. I would like to start by first saying thank you all for allowing me to be a part of this region. You have all been my teachers and have become my new friends whom I have come to respect. Last weekend I attended the TTCACNA XV in Nasa and was unable to make our Area meeting in Austin. David P. (RCM-2) was there, and he will report on the current events for ctana and will roll into the RCM-1 role beginning January. Thank you, David, you are a Blessing to me and to NA. During the convention, I was able to reconnect with so many of my oldfriends, that it reminded me of what NA has given me and my family. "A life beyond my wildest dreams." Most importantly, that it is a Gift from my God, and in order for me to keep it, I must give it away. Since moving up here in July of 2021, I have met so many new friends throughout the Central Texas Area and have been blessed with new opportunities to be of service. I thank you all for that.

I will early out today, probably around lunchtime and hopefully attend the NAWS Webinar on "New Meeting Finder". I love you my friends. In loving service, Cleto M.

"We treat the newcomers with dignity, let's do the same for our old timers."

Hello Family, CTANA Austin, Includes Surrounding Counties, [Serving Bastrop, Blanco, Burnet, Caldwell, Hays, Fayette, Lee, Llano, Travis, and Williamson County.](#)

We hope all is well with everyone. Our meetings are going well. We have a couple of New Meetings and an influx of newcomers.

We held elections this month and filled a number of our Area Service Positions. We're still looking for RCM2, Treasurer, Activities, Outreach, and Co-Recorder. Tony C is our new H&I Coordinator.

H&I is in need of of Co-Coordinators for:

CDTTC (female)

University High

Recovery Unplugged (female)

Willow Springs

New Hope Ranch

Activities will be hosting our CTANA Holiday Even and H&I Book Drive Dec 9, 2023 from 2-8PM. Flyer attached.

Our Men at Work group will be hosting a Thanksgiving Potluck if anyone needs somewhere to go

during Thanksgiving. Flyer attached.

This Saturday at RFATX We'll be hosting and streaming the NAW New Meeting Finder Workshop for anyone that would like to attend. Thank you for allowing us to be of service. Best Regards,
In loving service David P and Cleto M CTANA

Coastal Bend: Mario V. –

We have 25 groups with 58 meetings a week.

We had a successful learning day event where our RDA came down and did a workshop. We also had a great turn out for our annual Halloween dance. Our area is having the following upcoming events:

November 18: Chili cookoff as an ESF for TBRCNA 24 at 3307 Ayers 1-5PM

November 23: Annual holiday feast with gratitude meeting (potluck) at 3307 Ayers 12-6PM

December 25: White elephant gift exchange & feast with gratitude meeting at 3307 Ayers 12-6PM

December 31: Annual New Years Eve dance and celebration, location TBA 9PM-1AM

February 9-11: Hosting TBRCNA 24 @ the Omni Bay Front Hotel

259 days til RBS 40

We also donated \$1953.30 to region.

Our last area we had elections and positions were filled.

In loving service, Mario V. RCM CBANA

Esperanza: Burt B.

Esperanza Area has a total of 59 Groups with a variety of Meetings 7 days a week. Our Area meets monthly on the 3rd Sunday of the month.

Our Area and Groups are doing very well. We are experiencing some situations with our 2 Eagle Pass Groups. Our last ASC was held in Eagle Pass, and it was a wonderful experience. The GSR of the New Beginnings Group of Narcotics Anonymous advised us that the majority of members are Tribal. They request our Outreach, and other members assist them for diversity in experience, strength and hope.

Spoke with Outreach Chair, and he added them to their schedule. Also I plan on at least a monthly visit to insure their needs are met.

It was also reported that a Group in Eagle Pass, New Frontiers was not adhering to the Principles of Narcotics Anonymous. They were using their NA Meeting for other fellowships at the same time, and they were reported to be charging a fee for attendance. After investigation it was discovered that the building hosting the meetings was sold, and that meeting has now closed.

One of the oldest Groups in. Our Area, Genesis, celebrated 34 years of carrying the message. They celebrated this milestone with food and a very diversified group of Speakers.

EACNA IX is set for January 12-14 2024 at the Marriott Airport in San Antonio. There are reduced rate rooms available if you register early. There will be an EACNA IX Event Support Function on December 9, 2023. More will be revealed on the Esperanza Area website. ILS Burt B.

Freedom:

Not present. No report

Hill Country: Brian B Shan O

Hope you all are doing well. The Hill Country Area has had a lot happen in the last few months. Our groups Courage to Change and Women Do Recover celebrated anniversaries, we had a night volleyball and speaker event that was a success, and our RD team, with the help of Steve S. put on a fabulous workshop regarding the IDTs for Predatory and Disruptive Behavior and Gender-Neutral and Inclusive Language in NA Literature. A lot of good information was presented and discourse was had. It was especially nice to have everyone be so attentive and engaged with one another, and to listen to one

another. Thanks again, Steve, Ruben and Steve S. Also a thank you to Patsy for your presence and service, and for bringing the wonderful breakfast.

Our area currently has 17 meetings and we have a meeting for each day of the week. The meeting, The Gift of Desperation, which was meeting virtually from 8:15p-9:15p is no longer meeting. A few other updates to our meetings are as follows:

Women Do Recover now meets on Saturdays from 12:30-1:30p at 790 Generations Drive in New Braunfels. (Nice to have an afternoon meeting) The Men at Work group now meets at 2629 E Common St in New Braunfels on Wednesdays from 7-8p.

Our area has an upcoming event on November 18th where we will have a potluck and some wonderful speakers in Joseph N and Amy C from 3-6p at 510 N Guadalupe St in San Marcos. Feel free to stay late as Miracles Happen will be meeting right after this from 7-8p. We hope to see you all out and I will attach a flyer to this email. In loving service, Shan O and Brian B

Houston: Sarah H.

Good morning, everyone, Houston Area of Narcotics Anonymous is doing our best to continue to fulfill our primary purpose of helping the still suffering addict. We are excited to report significant progress and expansion in our Hospitals and Institutions (H&I) facilities, reinforcing our commitment to making a positive impact on those in need.

In October WE hosted a Learning Day that was facilitated by the RCM's and other admin. body.

Through informative and interactive sessions attendees had the opportunity to learn from one another and have insightful discussions.

It is through the selfless efforts of our members that we continue to fulfill our primary purpose and provide hope for those who may have lost their way.

World Donations: \$146.28

Region Donations: \$292.53

Groups in the ASC: 32

Active Groups: 23

UPCOMING EVENTS:

For any further information on these celebrations please go to HASCONA.com.

Thank you for your ongoing support, and we look forward to sharing more updates on our journey of service and recovery. In fellowship, RCM1 and RCM2

Northside: Ron P.

Northside Area consists of 11 groups. H&I sub committee is currently well supported and is carrying the message. The Area is hosting a Gratitude Feast on November 19th at the Better Late than Never Group. All are welcome. A Regional Donation was made for \$250.00. Thank you. Ron P

Rio Grande Valley:

Not present. No report.

Southeast Texas: Micah J.

We have 8 groups and 40 meetings per week in the Southeast Texas Area. Wings of Freedom in Nederland, CCC, Subject to Change and Just for Today in Beaumont. New Life in Rose City, New Attitudes in Jasper, Oasis in Port Arthur and Freedom to Change in Orange.

For the most up to date SETANA meeting schedule, please visit www.setana.org

H&I Southeast Texas Area H&I is bringing meetings to The Melton Center and Franklin North

Women's Treatment.

Trusted Servant Positions • Facilitator : Bert • RCM : Micah J. • RCM 2 : Paulina G. • Treasurer : Cindy B. • Co-Treasurer : Amber B. • Recorder : Adam D. • H&I : Tammy K • Co H&I: John D. • PI : Dave H. • Activities : Teresa B. • Outreach : Vacant • Co - Outreach : Vacant

Area News Our new Area Policy is in effect and is working well so far.

Our SETACNA bonfire went extremely well. Thanks to all those who participated and to the speakers that came and shared their experience, strength and hope CCC's annual Beach Bash was also very successful. We have no Area Concerns. Upcoming Events Unity Dinner Saturday, November 18th @ CCC 5pm until 4090 Delaware Beaumont, TX

Texas Tri-County: Jamie F. –

Good afternoon to all. Tri County has 13 groups with Be A Part joining the area this past Wednesday the 8th of November at 7pm in San Leon. Tri County had their convention November the 3rd through the 5th we had a great turn out and we did a little over 4000.00 profit. All the groups participated and it was a wonderful event. PR has been busy this month a few good events one was recovery rally in Galveston.

There are several events going on through the Holiday season Clear Lake will be having their annual Thanksgiving pot luck it will start at 1pm Nicole W will be telling her story. Clear Lake will also be having their annual Christmas event. Alvin Taylor Group will be doing a Miracle at Alvin Taylor group Christmas event. Fliers are attached with this email.

Tri County voted to start sending money back to region and it passed so we did get that straight. Tri County is still looking for a Treasurer and Vice Treasurer.

Tri County participated in the work shop put on by region on the Disruptive Behavior IP as well as the Inclusion of gender neutral material in the Basic Text. A lot of good information is coming forward. Thank you Rubin and Steve for the information. Thank You for allowing me to be of service Jamie

I'd like to thank our new policy chair Candice C. for stepping up and being of service as well as an awesome partner ? Texas tri county held our annual area convention last weekend in Nassau bay which had those in our area leaving grateful and full. I would like to give a big thanks to everyone who got involved with it. Tri county is looking to fill the treasurer and vice treasurer positions, however all other positions are running smoothly. I will be attending the next Texas tri county ASC in Texas city tomorrow afternoon. I'm truly grateful for the opportunity to be able to attend this RSC virtually this quarter. Thanks for letting me be of service Brian W.

Subcommittee Reports

Adopt An Inmate Facilitator: Herb M. –

Adopt An Inmate (AAI) sent out 19 basic texts this quarter. It is interesting to note that 79% of requests came from women inmates, which seems to be the trend since I have been facilitator. Ron S. from HASO has assured me all orders have been mailed out.

The AAI Subcommittee meeting was initially scheduled virtually for October 26, 2023, but had to be cancelled due to technical difficulties. The virtual meeting was rescheduled for November 2, 2023, and 3 total members (me included) were in attendance. We reviewed and edited the letter we will be sending out to the Kenedy Warden about providing a basic text to the facility, preferably in electronic form (mailed out 11/3/23). As you may recall, this was set in motion by a letter from an inmate requesting 50 basic texts. In August, I sent a letter to this inmate explaining that we will be reaching out to the administrators at the Connally Unit to discuss the best process for providing NA literature to the facility.

In addition, I sent him a basic text. I have attached both these letters to this report.

We also discussed sending a similar letter to other prison units in Texas asking if we can provide NA literature to them, preferably electronically.

Lastly, the AAI Subcommittee needs support. At our next subcommittee meeting I will open nominations

for Co-Facilitator. My term is ending in early to mid-2024 and do not plan on running for this position again.

Unfortunately, due to work I will not be able to attend this quarter. Please consider this report notification.

Yours in Service,

Herb M.

Internet Technology Facilitator: Steve S.

Greetings,

We met twice during this quarter to discuss the hybrid setup for the RSC. I'd like to thank Colin for stepping up in my absence. During our meeting we discussed the best way to purchase and put get equipment together to make this as simple as possible. We feel that we can accomplish this with a budget of \$1,500 for a portable easy solution to hybrid meetings. Our next meeting will be Wednesday Dec 20th at 8pm Zoom ID 210 279 9199

Literature Review Facilitator: Lynn S.

Hello from Literature Review!

I apologize that I will not be at Region on Saturday. I will be recovering from a medical procedure. Input is being collected for the revision of H&I Basics. Go to na.org/survey to give your input. The deadline is March 31, 2024.

Please let me know if your Area has a Literature Review subcommittee so I can be in touch.

Please contact me if you have questions or need more information. ILS, Lynn S

Public Relations Facilitator: Patsy P. –

*Please see attached PR report.

Hospitals & Institutions: Richard T. –

Not present. No electronic report submitted.

Old Business: On-going Discussion –

Ad Hoc Sponsorship Behind The Walls

Hello, Thank you for electing me as the facilitator for Sponsorship Behind The Walls. Please let all of your areas know that this is now a subcommittee and we will need volunteers to sponsor inmates behind the walls. We will also need volunteers to be a part of this committee. I'll post a zoom link within the next couple of weeks for our first subcommittee meeting. We will need input to create guidelines for the committee. If you know of anyone interested in volunteering, please have them contact me. Thank you, Susen Guckert Burke

As asked by this body I've collected 45 people that are willing to sponsor inmates behind the walls. Some from our region as well as several from Abilene.

I've received guidelines from three separate states, that have this program in place, that we can use to draft our own guidelines.

If this body votes to have this become a committee, we need 8-10 people to join the committee.

We need to find out which units have access to iPads.
I sent an email to NA Texas asking for people in other regions for support.
Thank you, Susen Guckert Burke

NATEX.ORG – Randie B.

Facilitator: Randie B.

We have a YES from all 4 Regions!!!

We have had great representation from most Regions.

We had nominations at our last meeting:

Nominations:

Pat Gillies Facilitator Randie Benno Co – Facilitator

Mary Banner Treasurer (Declined) Dave Hancock Treasurer

Still need nominations for Secretary and Website Coordinator. We are asking for a brief service resume and a statement of their commitment.

Elections will be held at the next meeting on November 27, 2023 at 6:30 PM.

We are ready for each Region to send their two representatives. Possibly their Regional PR and H&I

Chairs, or at least representatives with that prior experience. It was suggested that this be a duty of Regional H&I and PR Chairs, so that would be a Policy change.

Our Webmaster will hopefully be at the next meeting as we will be reviewing the wants and needs of the website. That is our first priority.

As soon as all Admin. Are elected we will have the Secretary secure an EIN number and open a bank account accessible to all the Regions.

We are in need of contact lists from your Area H&I and PR Subcommittees. Please send in excel to randiebenno@gmail.com In loving service, Randie B.

Open Discussion & New Business:

The Audio Recording stopped after the RDA report.

Treasurer's Update: Please contact Kent for the update. The Audio Recording stopped after the RDA report.

Record deciphered to the best of my ability – Esteban R.