

TBRNA Regional Service Conference – May 13, 2023 – Hybrid Meeting Second Quarter TBRSC will be a hybrid meeting on August 12, 2023 in Freedom Area of NA

The Record

Meeting opened after technical difficulties by Michael C. at 9:am with a moment of silence. Twelve Traditions – Kent L. Twelve Concepts for NA Service – Mario. Service Work Prayer – Michael C.

New Participants: Couldn't hear due to others talking near the mic. Jackie? Bryan? Debra T. Recorder's Note: Due to technical difficulties, only submitted reports will be in this Record.

Attendance Servants

Attenuance	Scrvants		
Facilitator	Michael C.	Present	Present
Co-Facilitator	Chris H.	Absent w/	notice
Treasurer	Kent L.	Present	Present
Co-Treasurer	Tom K.	Present	Present
Regional Delegate	Steven P.	Present	Present
Regional Delegate Alternate	Ruben P.	Present	Present
Recorder	Esteban R.	Present	Present
Adopt an Inmate Facilitator	Herb M.	Absent w/no	otice
Convention 2023 Facilitator	Vyki D	Present	Present
Convention 2024 Facilitator	Tom M.	Present	Present
Convention Advisory Committee Member	Michael S.	Present	Present
Convention Advisory Committee Member	Susen GB		
Hospitals & Institutions Facilitator	Richard T.		Present
Internet Technology Facilitator	Steve S.	Present	Present
Literature Review Facilitator	Lynn S.	Present	Present
Policy Facilitator	Megan H	Present	Present
Public Relations Facilitator	Paul S		
Service Pool Facilitator	Michael S.	Present	Present

Attendance

Area Representatives

AID.	Brazos Valley Area			
	Brazos Valley Area			
	Central Texas Area	Cleto M.	Present	Present
	Central Texas Area	David P.	Present	Present
	Coastal Bend Area	Mario V.	Present	Present
400	Coastal Bend Area	Tom M.	Present	Present
	Esperanza Area	Jesse D.	Present	Present
Esperanza Area of Narcotics Anonymous	Esperanza Area	Gary L.	Present	Present
	Freedom Area	Chris C.	Present	Present
	Freedom Area	Laura S.	Present	Present
	Hill Country Area	Shan O.		
	Hill Country Area	Brian B.	Present	Present
AD	Houston Area	Sarah H.	Present	Present
THE PROPERTY OF STATE	Houston Area	Hurshell C.	Present	Present
Northside Area of	Northside Area	Shawn P		
Narcotics Anonymous	Northside Area	Paul C.		
	Rio Grande Valley Area	Rebekah L.	Present	Present
	Rio Grande Valley Area			
AIR	Southeast Texas Area	Micah J.	Present	Present
Ara Para	Southeast Texas Area	Paulina G.	Present	Present
	Texas Tri-County Area	Vic. G.	Present	Present
Willey L	Texas Tri-County Area	Amy G.	Present	Present

Elections:

Confusion on which positions are open for nominations. Discussion on which positions are open. Policy was read. Correction to Agenda for Elections. Nominations open for Public Relations Facilitator. None. Goes back to the Areas.

Discussion on what do we do with PR stuff? Thought it was going to be brought to this RSC. Steven P. requested that he could drive to Corpus Christi tomorrow and pick up all the PR property. Tom has made arrangements to get them. The Record shows that one of the Tom's from CC will get PR stuff. RCM's take PR vacancy back to the Areas.

<u>Delegate Team Report:</u> Facilitator Michael C. allowed more time for the Team to do their reports because they just came back from the WSC.

^{*}At this time, TBRCNA 2024 Tom M. requested time to report on the new Convention Treasurer.

Debbie qualified herself. This recorder requested Qualifications for this position from Policy for The Record. Qualifications were read. Consensus Debbie T. will be the new TBRCNA 2024 Treasurer.

Regional Delegate: Steven P

Last weekend at this time, we were closing the WSC in CA. I submitted a written report and I tried to keep it brief at 2 pages and sent out to <u>all@tbrna</u>. If you are a new trusted servant, please make sure that region has your email address connected to <u>all@tbrna</u> and if you haven't seen it, get with me so we can get all caught up. Attached to this report were a few documents.

The following is my initial report on the World Service Conference. It is an attempt to capture the process, and some of the moments, at the WSC. I want to thank the Region for providing clear direction and a group conscience by providing so many responses to the CAR tally motion sheets. In 2018 we had 9 responses from the Region. In 2022 the RD team had a total of 19 responses from the Region, and in 2023 we had 59. That is more than a 600% increase in Region participation in just two cycles. Thank you! Sunday afternoon the conference began working on the Conference Agenda Report items. We finished considering the CAR motions by the end of business Tuesday. I will mention just a few of the decisions here. First the WSC is now going to a 3-year cycle on a trial basis for the next two cycles – (2026 and 2029,) with virtual WSC's held in between. Second, the H&I handbook will be updated and maintained as a tool for us to use. It might be placed in the "local service tool box" online at na.org for easy access and convenience. And the World Board will be creating a work group to investigate creating an IP on daily gratitude. I am sending separate documents which lists the motions and the results, the results of the literature survey, and the results of the survey about the Independent Discussion Topics (IDT's) that were discussed this year. Wednesday through Sunday were breakout rooms and workshops on a vision for NA service, and how we will be moving forward in the future. I may comment to that at future RSC meetings. On Monday night I began to sneeze and have a runny nose. So did about a dozen conference participants and NAWS staff. I tested negative for COVID.

After a day I told Anthony and Steve R. that I would be staying in my room and participating in the WSC virtually. Anthony and World Board members and others expressed their gratitude for my willingness to isolate for the sake of my fellow conference participants. They thanked me for being that considerate of the other WSC participants. (Several members are immuno-compromised and could get deathly ill literally.) The CEO of NAWS, and the World Board chair, made a point of repeatedly expressing their gratitude throughout the remainder of the WSC to those of us who were considerate enough to isolate and participate online. NAWS staff provided additional COVID tests, and we tested negative each day. One case of Covid was reported by a NAWS staff member a few days after the conference closed. (I'm still testing Covid negative.) Friday until Tuesday I participated in person. After then I attended all subsequent sessions of the WSC, and the workshops, virtually. Thanks to the technology that we have been working with, and working on, for the last several years I was able to participate and vote on several matters online. As many of you already know Chris H. - the Region Cochair - is attending a memorial service today, and he can't be here. My prayers are with him during a sad and painful time. Chris typically serves as the on-site interface with on-line participants, but he won't be here today. So for the rest of the day I will be focusing on helping make this hybrid RSC as smooth as I can, thereby helping the Region to do their work. Are there any questions about my report?

Ruben brought some items from the WSC. Long story short, they had a second warehouse in a separate building and the other tenant left, so the landlord gave them a choice of renting the whole building and then sub-letting and NA World Services did not want to become a landlord. They said, "No", so they have removed all of their inventory from the second warehouse and they have found another solution to keep adequate stock on hand but we were part of the "clean-out the warehouse" thing. They had some

t-shirts, some 30th Anniversary Basic Texts, the pink ones that were factory-defective, gave those away for free. I personally picked out some t-shirts that were 2X, 3X, couldn't find a S, M, or L size. I'll probably donate some to area conventions so they can auction. Thank you for allowing me to hold you hostage.

- *Attached to this report was 2023 WSC CAR Survey Responses on 1. New Recovery Literature
- 2. Revisions to Existing Recovery Literature 3. New Service Material
- 4. Revisions to Existing Service Material 5. Issue Discussion Topics
- *Attached to this report was New Idea Prioritization Results
- *Attached to this report was WSC 2023 Summary of Decisions

Thank you for allowing me to be of service. Steven P. TBR RD

Discussion on RD Report

Regional Delegate Alternate: Ruben P.

I do have a report- an extensive report. I'm going to ask you to please log on to it because I'm going to share what took place (muffled sounds) a different picture of what took place (muffled sounds) bring the feelings that took place (muffled sounds) I'm going to cry.

Good Morning Everyone, Let me begin by saying, Thank you for the gift of allowing me to serve the Tejas Bluebonnet Region. I had an amazing experience. My spirit is full from the gratitude that I experienced at the World Service Conference (WSC). It was very different from previous conferences that I have attended in the past. There were many first at the conference. As I begin to share with you the things that I learned. I find myself in the space of hope, as I was able to be a part of creating our future. I am going to share with you many different things and discussions at the various workshops that I experienced and some of the information I received. • On page 1 of the attached documents, you will find A Vision for NA Service and World Service Conference Mission Statement. (Please take time to read over this). It set the tone to what we were doing. o I am limited on time so I will reference items as I give my report. • On page 2, Conference First and Statistics of Participants Attending WSC 2023. This is the first time the Conference was held hybrid. From now on, we want to experience that as virtual and not zoom. We don't want to endorse zoom. o The last section, which is highlighted and I want you to look at it because it's real important:

*at this point, Ruben made a reference about RD Steve: "I'm sure of why he left the room. I just want you guys to understand that Steve just left the room.

to references gender of all, participates and varied representatives and the position they hold. • There was a very moving moment when we listened to the Serenity Prayer in 28 different languages at the opening of the conference. • While at the conference, all delegates received an email from a member of the Iran region who was opposing the seating of the second Iran region. The conference was stopped for a moment and everyone was reminded not to share the conference participates information list with anyone outside of the conference. • The virtual link was compromised and members who were not conference participates tried to log on to the meeting. • A member from African showed up at the conference and wanted to sale literature that translated to Swahili and developed by an outside source. NAWS was very concerned and said, they would never allow that to happen. • The number of weekly meetings from all regions all over the world is now 76,075. The maps that I hung on the wall numbers are not current because they were printed prior to the conference. • On page 5, you can see the growth trend and the new QR code for contributions directly to World Service office. o On the following pages, you can see how we carry the message and how our funds flow.

t throughout this year to conduct business and attend fellowship events. o By reviewing this document, you can view what business has taken place at NAWS. This method will be used moving forward. o World Service has asked us to not endorse any applications that pertain to virtual meetings. We should be mindful to not call virtual meetings Zoom meetings. All meetings should be referred to as a virtual

meetings. • One of the new books that was released at the conference was a commemorative edition of SPAD. I am passing my copy around so you can see what it looks like. The cost is \$35.00 and may be purchased through the NAWS. • I also brought items that were given to me by NAWS. They cleaned out an entire warehouse, o They researched and found that instead of storing literature NAWS will begin to pick up literature directly from the docks. It will go from dock to dock which will remove the cost to store the literature away from the office. o They asked to please be consistent when placing orders because those numbers will be used to purchase future literature for the office. o In some locations around the world, a pound of paper has increased in cost. For example, a pound of paper in Iran as increased by 300%. o Also, included are electronic book sales graphs from 2012-2022. o There has been a large chip distribution due to Iran switching from key tags to chips because of supply chain issues. • Five days go China published that there were no addicts in China. There is still some Fellowship Development being done there. Other countries have taken that stance also. • Twenty members that are cigar aficionados from Southern California were going to Cuba. They asked NAWS if they could take literature. NAWS donated \$4000 at cost of literature for distribution. o If you are, planning to visit other countries that do not have literature please contact NAWS and ask if literature available for your trip. • The Director of World Service announced he would retire on 12.31.25. Bob Stone hired him in 1986, o The world Board selected Becky Meyer as the new Director, o The World Convention will be his last convention he will oversee. He will also oversee the bi-annual conference, o He will announce his retirement prior to that event or at the event. • The 2024 World Convention will be "The Power of Love" in Washington, DC. • I have taken three pages from the contribution pages to show you an example of how we are self-supporting through our own contributions. Thank you, region for your contributions. Great Work.

• On page, 17 and 18 are two contribution pages. One is a photo which shows that we are achieving being self-supporting through member contributions not literature sales. • From the literature surveys, we did some issues discussions workshops and what was important to the fellowship. I have flyers if you would like to look at them, o One of them was Disruptive Behavior. A home group developed a preamble that is used in some of their meetings. • The conference was paperless this year and if you go to https://www.na.org/?ID=conference-index and select the following: o https://worldna.org/ and select Continue as Guest o https://worldna.org/menu-page/ this will take you to the Main Page where you will have access to five tabs that contain information from the conference. Moving forward they will begin to use this portal which is very user friendly to access information from the conference. All data and results are uploaded as quickly as NAWS' staff can process all of the information. As a member, you will see exactly what we did electronically and be able to share the information with others. • NAWS hired a new employee who manages IT for the office. He has updated our web browsers. o One of the changes that NAWS discovered is they will no longer track meetings. You will be prompted back to your local fellowship. This will allow you to have real time information. • How to Plan-Essential Planning Steps. o We arrived at many of those decisions by utilizing surveys and strategic planning through consensus based decision making. • Here is an update from the US Zones: they have created a mock website so we can view what things could look like in the future. Please do not publish this to the public. It is only a MOCK website • There was a request made by the TexasNA.org webmaster. If areas could look on the webpage and identify what counties or cities, belong to your area and send the list to me.

RDA's report included A Vision for NA Service, World Service Conference Mission Statement, Conference Firsts, Statistics on Participants attending WSC 2023, • There were 182 men and 65 women among the conference participants—delegates, alternates, World Board members, and zonal delegates.

This year's conference participants were from 44 countries and we spoke 28 languages (based on Serenity Prayer languages at the close of the First Things First session). • This conference made the

decision to seat five regions: Brazil Central, Iran Region #1, Nordeste Brazil, Rio Grande do Sul, and Thailand. Thank you, ILS Ruben P.

*Discussion on RDA Report: There was a reading about <u>Predatory Behavior in NA</u> (not audible) Reference was made about this topic at the SZF. Mention was made about MAT and DRT and our stance on it about total abstinence. We need to welcome them and embrace them. Maybe try to spin this approach around. Central Planning Steps: Start to practice and do some of these issue discussion topics and create some knowledge behind learning how to do small groups and how to Strategic Planning. Click on the WSC 2023 link. Have all this information to your disposal. Almost like being there. Receipt turned in:

April 24, 2023

Item Details	Price	Quantity	Item Subtotal
Strawberry Wafers (Discounted by 100.000%)	\$35.00	2	\$0.00
Berry Breakfast Smoothie Mix (Discounted by 100.000%)	\$35.00	2	\$0.00
Peanut Butter Protein Bars (Discounted by 100.000%)	\$35.00	1	\$0.00
Orange Crème Wafers (Discounted by 100.000%)	\$35.00	1	\$0.00
Weekly Program Fee Phase 1	\$135.0	2	\$270.00

Subtotal: \$270.00 Total Tax: \$0.00

Invoice Total: \$270.00 **Payment**: Card (********1270): \$135.00

Total Charged to Account: \$135.00

Subcommittee Breakout: No subcommittee broke out

Servant Reports:

Facilitator: Michael C.

I'm Michael C., current facilitator. I did not write a report because I have nothing that needs to be documented. I'm done.

Co-Facilitator: Chris H.

Greetings,

Thank you for the honor of serving this committee and by extension each of you, your areas, and the addicts we serve. I regret that I will not be able to join you in McAllen as I had looked forward to. My family has lost my father-in-law to his Alzheimer's and Saturday is the only day we can get the family together for his memorial. I am deeply sadden by this loss, but would have been pleased meet you if I could have arranged. I am disappointed to miss you for the conference and the celebration that Rebecca and team has been planning. I let Michael and Rebecca know a few days ago and Tom and the two Steve's know that you will need the video taken care of.

^{*}Recorder's Note: After the RDA's report, there is a 2-hour gap with no recording. The following Servant and Areas' Reports will be copied and pasted. The missing 2-hour recording only has copies of on-going Chats.

Most of what I have done in service this cycle has been as your liaison to the Texas State Convention Advisory Board. The advisory board is working to grow and change to fit better into the NA community, and wants to invite each of you to encourage your area to bid on hosting next year or the year after. As with our own convention, that committee sees the benefit of having a full two years to plan. Any area in the state is eligible and diversity is the one key element that I am encouraged to convey. For this year, the bid must still be made in person and at the convention is hoped. The board meeting during the convention will be better advertised this year to insure you all have a chance to join in.

You will remember that, since no area stepped up to bid on hosting, the committee asked CTANA to host and took over most of the duties. I serve as one of two Graphics Chairs and all of that work has been finished. Again, David R L has produced most of the good images and I have mostly made ready for printing. The committee has been holding fundraising/awareness events all over the state and the Convention hotel is likely to sell out space soon. Look for me on the 26th and I hope to see you. I take very seriously the commitment to be present at our conferences. So I feel I should restate how disappointed I am to miss you. Please, to not hesitate to reach out if I can aid any of you and your areas and I am ready for your call.

I feel privileged to serve on this committee, Thank you, each of you. Yours, Chris

Treasurer: Kent L.

Check list for Treasurer	
All Donations Deposited	Χ
within 7 days	i
Sales Tax Reported/ Paid (if Applicable)	Х
Check Book Reconciled	Х
Insurance Paid	х
(if Applicable) Pay AAI Lit. Invoices Qtrly	X
Fay AAI Lit. Invoices Qtriy	ш
Southern Zonal Donation	x
(if Applicable)	
Prepare RSC Report include All	х
"Account Activity"	Χ
Donation Record	Χ
NAWS Contribution Receipt	X

 	Web File Receipt	Х
]	Regional Insurance Receipt	X
	(if Applica Bank Statements	Х
	Checks to Naws	
	front & back	

Attached to this report was the Business Economy Checking: Account Activity & Check and 2 Confirmations from the Texas Comptroller's Receipt of Filing Successfully for Sales Taxes paid dated April 20, 2023

Quick Financial Glance

Starting Balance from last RSC:	\$17,578.59
All expenses paid out:	\$ 8,436.57
Total:	\$ 9,142.02
All Income Received:	\$ 4,623.53
Total:	\$13,765.55
Minus our Prudent Reserve of \$7500,00:	\$ 7,500.00
Starting Balance for this RSC	\$ 6,265.55

Good Morning All@ TBRNA! As of the compiling of this report we have a working Balance of \$6265.55. This is after deducting our Prudent Reserve of \$7500.00.

Previously I have mentioned the prudent use of Areas sending their Regional Donations using Zelle as compared to other applications. Although I will state service fees are a "Cost of Doing Business", I would like to give y'all these actual examples: While a small donation of \$24.00 is only charge a nominal fee of \$1.00, although a larger donation of \$2000.00 is charged a fee of roughly \$59.00, with Zelle, there is No Fee. I highly encourage any and all Areas to consider using Zelle (most major Banks offer it). in your Zelle search for Tejas Bluebonnet Regional Service Committee by using the email "web@tbrna.org". If your Area Treasurer needs to contact me they may reach me at 512-844-4736. ILS Kent L

Recorder:

The Regional Assembly in March opened at 9:30am with a moment of silence followed by the Serenity Prayer and Service Work Prayer.

The Assembly was a hybrid meeting facilitated by RD Steven P. Assisting Steven was RDA Ruben P. and Chris H.

Steven explained to the GSRs and RCMs the voting process on the CAR Motions which was one (1) vote per Group and two (2) RCMs per Area has a vote each.

Also explained was how to vote on the TBRNA website after first registering with the website. Also, the votes could be cast on na.org/

There were 25 GSRs and 1 CAC member via zoom present.

In-person were 3 GSRs, 1 member, 4 RCMs, TRBNA Co-facilitator, Policy Facilitator,

Public Relations Facilitator, Treasurer, Recorder, RD and RDA. (Did I miss anyone?)

Also present were Vinny and the committee that provided snacks and refreshments. Thank you guys.

The Regional Assembly discussed the 25 CAR motions with questions being asked and answered to the best of the RDs ability.

The Assembly continued after a lunch break. Great food in Victoria! That's all this recorder has to report. Are there any corrections to the February RSC Record? In Living Service, Esteban R. Recorder

Policy Facilitator: Megan H.

Hi everyone, here is my report for the upcoming RSC meeting: Per passed proposals during RSC meeting in February, the following changes have been made to policy:

- PR budget increased from \$300 to \$900 per quarter (section 7.10.5)
- Service Pool now has a quarterly budget of \$150 that is separate from RSC travel allowance (section 7.10.5)
- "TBRNA will use a service provider as our Corporate Registered Agent" has been added to policy (section 7.9)

I am attaching the current final draft of policy as well as the draft to show what changes have been made. Both copies are on the website. Thank for you allowing me to serve, Megan H.

Service Pool:

I am looking forward to a more productive quarter. There was a situation where the site for resumes could be insecure but Tom K. caught before it escalated. Therefore, Tom and I will meet on the 21st to introduce a more secure website. At that time I will have the opportunity to pick Tom's brain so all of us will have a website that is most secure for our resumes. We will have the benefit of sharing under a secure system for service positions throughout our region.

Once I have a working knowledge of our website I will be able to share this information with our areas in hopes to build a huge service pool. ILS Michael S.

Convention Advisory Committee:

I had the pleasure of visiting the Hyatt Regency West Houston and meeting Erin Kohlweck who is the Director of Sales. I had sent in our RFP (Request For Proposal) several weeks ago so she was well versed on our needs. Today, I present a draft of the contract, the best out of three.

The dates of this Convention are Feb. 14-16, 2025, Valentine's Day weekend. Not only will it be our 25th Anniversary but we get to have a "lovely time" celebrating Valentine's Day, no pun.

In our efforts of securing a reasonable contract, I had visited the Holiday Inn NE and the Marriott Westchase and they both were out of our realm. So all in all the best out of the three is the Hyatt Regency West Houston. It's a beautiful property and a perfect layout for our needs.

For the Hyatt we will need a \$2000.00 refundable deposit to secure the hotel.

Furthermore, Ms. Kohlweck is presently looking into another Hyatt property where 2026 will be held in San Antonio.

Although my stay was courtesy of the Hyatt I still paid \$141.00 for gas and meals. I will turn my receipts over to our treasurer, Kent. ILS, Michael S.

TBRCNA 2023:

Hello Everyone,

I just want to start off by saying what an honor it was to serve as the TBRCNA 23 Facilitator. I am still completely blown away by the attendance, love, and unity displayed by our fellowship in our little area, SETANA.

I do not remember the exact attendance and I cannot get into square right now to calculate it but I do

believe we had over 600 people. All weekend long people were telling me how awesome the convention was and how grateful they were to be there.

I am very grateful for the members from other areas that stepped up and assisted us with putting on this convention. There were some minor issues due to the distance, other service position conflicts, etc but in the end we overcame it all and I believe that our convention was absolutely a success.

I am also grateful to the members of my own area who served on our committee, some with little to no convention experience, but we worked hard and we worked together and I am very proud of the outcome.

Of course we had our hiccups but in the end we came together and I truly believed that TBRCNA 23 carried our lifesaving message to many addicts and that ripple effect will radiate throughout our area and region for years to come.

Chris sent a separate report regarding the financial and audit - but I do want to point out that we did generate enough income to fund the seed for the next convention and send a sizable donation to World. Thank you for allowing me to serve, Vyki D. TBRCNA 23 Facilitator

TBRCNA 2024:

Dear, family let first start off with how excited CBANA is to host the 2024 Convention.. at our last meeting our treasure Donna Mc stepped down for personal reasons.. I have someone today that if elected will be taking her place. We are working on a e.s.n in June some time,and am trying to get something set up in Austin also.. if you're area would like to host a event please let me know ... we have done \$2730 in early bird sales \$3800 in t shirts sales.. today I have t-shirts and registration forms for sale Thank you for the opportunity to be of service. Facilitator tom m.

Central Texas: Cleto M.

Currently CTANA serves 34 groups in 10 counties, with over 90 meetings a week.

Counties: Bastrop, Blanco, Burnet, Caldwell, Hays, Fayette, Lee, Llano, Travis, Williamson.

CTANA Positions that are still vacant, Assistant Treasurer / Assistant Literature Bank.

• We have a New Community Place / Recovery First ATX at 5555 N. Lamar Blvd. Suite J-103 Austin, Tx.

Here are some of the meetings that began there this week. There are two meeting rooms that are available at this location.

Tuesdays: Tuesday at Last 7:00pm-8:00pm Thursdays: Men at Work 7:30pm-9:00pm / Courage to Change 8:00pm-9:00pm Mondays – Friday: Beginning June 5, 2023, The Just for Today Group 12:00pm-1:00pm noon meetings are back! "All Visitors Welcome"

Our Schedules will continue to update as more meetings come in.

Our donation to TBRNA for this quarter is \$790.69.

Go to (ctana.org) for All other events and information in Central Texas Area of NA and there are many.

• The Texas State Convention XX / The Journey Continues ...

Diversity in the Heart of Texas / May 26th, 27th, 28th 2023.

Austin Marriott South 512-441-7900 / 4415 South I-35, Austin, TX. 78744

I believe all NA Convention rooms are booked; however, other rooms are available at the standard rate. Go to; https://tscna.org/ for more information.

Thank you for allowing us to be of Service, Cleto M. RCM1 / David P. RCM2

Coastal Bend:

Hello family, My name is Mario and I am an addict.

Currently we have 26 groups in our area, and all our positions are filled at this time. We had 15 out of 26 groups that participated in the CAR motions & survey tally sheet. That's 57.6% in our area. We've had 7 events in our area since January 1st and are scheduled to have 3 more this quarter.

- 1. CBANA Women's Speaker Jam Saturday May 20 @ 1:30PM 3306 Ayers
- 2. CBANA H&I Appreciation and Learning Day Saturday June 3 @ 10AM Lindale Park splash pad
- 3. CBANA Recovery by the Sea Friday-Sunday, July 28-30 (location TBA)

CBANA is hosting TBRCNA 24 on February 9-11 at the Omni Hotel.

CBANA has also donated \$1000.00 to the region this last quarter to help further carry the message. Our H&I committee has been working on trying to carry the message back in the Three Rivers Federal Penitentiary and this is gonna happen. Hell yeah! Finally I'd like to state that it is my honor to serve as RCM for CBANA.Truly grateful. In loving service, Mario V. 12/25/15 Shot of Hope CBANA RCM

Esperanza: Jesse D.

The intent of our proposal is in reference to Concept 3 and 8. We delegate the authority necessary to fulfill the responsibilities assigned to our subcommittees, and our service structure depends on the integrity and effectiveness of our communications so we need to clearly communicate the responsibilities assigned to our subcommittees so they can be most effective.

Our PR handbook describes in depth what PR is and clarifies the principals pertaining to PR service work and basically were all working together to effectively carry the message to the addict who still suffers. (Tradition 5) Our PR handbook has a statement that defines the utility of the PR subcommittee as follows:

The Narcotics Anonymous message is "that an addict, any addict, can stop using drugs, lose the desire to use and find a new way to live." Our relations with the public enable us to share this message broadly so that those who might benefit from our program of recovery can find us. We perform public relations service to increase the awareness and credibility of the NA program. We share our message openly with the public at large, with prospective members, and with professionals. Maintaining an open, attractive attitude in these efforts helps us to create and improve relationships with those outside the fellowship. Establishing and maintaining a commitment to these relationships, can help us to further our primary purpose. The spiritual principles of our steps, traditions, and concepts guide us in pursuing our public relations aims and our efforts to enhance NA's public image and reputation. These principles apply to our community and service efforts as well as to the personal behavior and attitude of individual NA members.

We believe that our PR funds and resources should be used communicating openly with the public so those that might benefit from our program might find us rather than at NA events where the addict seeking recovery has already found us.

Another addition we would propose is to define * Willingness to facilitate workshops upon request. TO Willingness to facilitate workshops intent on the development of area PI subcommittees as well as informing the public about Narcotics Anonymous upon request. ILS, Esperanza RCM Team

Freedom:

Oral report submitted.

Hill Country:

Hope this finds everyone smiling, feeling loved and inspired. Our RCM1 Shan will be unable to attend this RSC and I will be flying solo. The Hill Country Area is growing slowly but surely. We have added a new meeting as of last ASC - The Gift of Desperation group, which is a virtual meeting. The ID for

that meeting is 739 711 9590 and the password is jimmyk. This brings the total meetings in our area to 16. During March and April I was fortunate enough to have the opportunity to present the CAR motions to various groups in our area and it was reported to me at our ASC that 7 of those groups voted, which is nearly 50%. I am incredibly proud of our area for taking the time and effort to do that and let their voices be heard. All of our voices matter.

As of the writing of this email we are without an H&I Chair, as well as an H&I Vice Chair. Thankfully, we have a loving higher power serving as our ultimate authority and I have faith that these positions will get filled and our H&I subcommittee will find improvements in its organization and communication. Our area is also investigating putting together a literature bank. More will be revealed on that end.

UPCOMING EVENTS

Saturday May 20th will feature our 17th annual Recovery On a River (ROAR) event. The event will take place at Cypress Bend Park at 503 Peace Avenue, New Braunfels, TX from 11a-4p. There will be food (BBQ and potluck), fun (including swimming and floating the river) and fellowship. We will also have two speakers for this event and it's always a fantastic time. We hope to see you there!

Saturday June 24th will feature a kickball game between the Hill Country Area and the Esperanza Area from 5p-9p. This will take place at Camp Comal, Blue Field, located at 1901 Kuehler Avenue in New Braunfels. Again, we hope to see you there! For more information, please visit <a href="https://doi.org/10.1007/june-1

In loving service, Shan O and Brian

Houston:

Good morning and greetings to all,

Our area recently did an area inventory and voted on the need for a Learning Day. We are still looking for a location, date, and time of where and when to host the learning day. Our area will be voting next month for next year's Area Trusted Servants and we will be losing our beloved RCM2 (Hurshell C.) at the end of June. We voted on hosting HACNA in 2025 rather than 2024 as to not be in direct competition with World Convention.

We have a lot of upcoming events as we work in UNITY to carry the message. UPCOMING EVENTS:

- SATURDAY May 20 th @ 2pm at 4925 Griggs Houston, TX Alive and Kicking is having a SPEAKER JAM as a support function for their upcoming 50 th anniversary event. Soul food will be served and they will have several speakers.
- SATURDAY MAY 27 th from 11-4pm Tomball New Attitudes is having their 24 th Anniversary LUAU at 715 E. Carrell St Tomball, TX 77375. The event will include burgers and hot dogs, bounce house, hula hoop contest, limbo, tug-of-war, photo booth and games.
- SATURDAY JUNE 24 from 12-4 pm there is an H&I learning day with a book drive and several speakers. This event is hosted by 4 areas Houston area, Tri-County, North Side, and SETANA.
- SATURDAY JULY 15th from 6:30 pm to 11:59 pm the KEEP IT CLEAN GROUP IS HOSTING "SUMMER SICKER THAN OTHERS" DANCE @ 2407 Market Street, Baytown, Texas
- SATURDAY AUGUST 12 th , 1960 group will have their anniversary from 4-9 pm @ 1711 Cypress Creek pkwy Houston, TX
- SATURDAY AUGUST19 from 1-8 pm "UNITY DAY" 22110 Bluewater Hwy, Freeport, TX 77541

For any further information on these celebrations please go to HASCONA.com. In Loving Service, Sarah H and Hurshell C

Northside:

No report submitted.

Rio Grande Valley: Rebecca L.

Howdy y'all,

After nearly 4 and a half years of service in the RGVA as a GSR, ASC, and RSC I am finally stepping down and ASC.

I started sending out warnings and fillers 6 months ago and still, no one has stepped up to take the position. So I have to walk away with faith that God will make it work. I will continue on as RSC to make sure we can keep this connection.

We have updated our website, thank you Steve S. for your help with this.

We had an H&I chair, but they will be relocating so we only have them for 1 more month.

This time we had a chance to visit a rehab for adolescents and our area had a great experience and a great response from this.

We still have a PR chair Christina R.

Our activities chair will also be leaving within the month.

So that leaves us with a PR chair, a treasurer, and an RSC.

We had the ball rolling on convention planning and now we do not.

We had several key people in our area move away or relapse so it is unrealistic for our area to take this on.

I would like to say, as much help as Corpus and Austin have been offering it would end up being their convention since we do not have the clean time, knowledge, or funds to host a convention at this time.

We are talking about starting our speaker Jim back up, but more will be revealed on this matter. We are seeing addicts experience burnout, myself included, in service. Due to having to hold the same service positions for such a long time and many responsibilities even outside of their scope falling on them due to having only the minimum of positions needed to function filled. With the added stress of having no experience or mentorship, it has been the blind leading the blind.

I would like for the region to remain open-minded as they read this next part because it would be considered politically incorrect, but we would like the region to understand where we are at.

In order to remedy this, we have decided to move our focus in a new direction. We are voting for positions within our area that create a fun and inviting environment within our fellowship and do not require any large amount of clean time. Most newcomers do not stay past the 3-month mark so were hoping to get them involved ASAP. This will be our first step in trying to entice and keep newcomers and keep our old-timers involved.

These do not follow the NA structure and are not official positions. These are the ideas we are trying in our area in order to introduce having fun in recovery to the newcomer and remind ourselves of what the fellowship means to us. We will be spending some time nurturing this relationship within ourselves in order to heal some wounds that extended service and division has caused.

Some examples we are considering and are hoping to implement soon are:

Game holder - someone who always keeps uno cards and other games to get people included before/after a meeting.

Chef excitement officer- Someone who is in charge of keeping the vibes exciting and moral fun and inviting to get people involved.

Location monitor- Someone in charge of scoping out free or cheap things we may do as a group.

Hosts - 2 people who will be at a meeting place at least once every week after a meeting no matter who shows up. So we can keep consistency.

We are taking it back to basics and focusing on the newcomer. We have hope that if we stay consistent and find ways and means to keep them involved we will see a new surge of willingness again.

To be completely transparent with the region: even planning this event we will be hosting afterward was difficult, due to lack of voting, lack of understanding, and lack of experience.

As we get together more often within ourselves we are hoping to gain more experience on what works well at events, how to host an event, and how to gather people and keep them involved. This is the experience we haven't really had here since we only host the speaker JIM once a year and we haven't had it in nearly 3 years.

Voting on items isn't difficult due to fighting or differences. There is a large amount of indifference in our area. People with positions will not move forward with ideas, will not say yes or no to a vote, will not second a motion, and 9/10 of our area meetings last less than an hour due to people being uninterested in staying.

It's time that our area learns from the ground up and gives us a break to take our time.

I have been working in this area for 5 years and we have always moved at a slow pace. As I step back from ASC I am able to move my focus away from the political side of things

We are sorry to disappoint those that were hoping for a convention and those that are rooting for us to meet the standards of most areas.

I am ready to love my area where they are at. We may not have all the bells and whistles for now, but I have faith that by growing a loving and united fellowship this will seep into service and allow us to get there when we get there. I hope the region understands this.

A treasurer breakdown will follow tonight.

We currently have 3 groups and 5 meetings.

Lifes Second Chance [McAllen] - Mon. Wed. Friday @ 7 PM Avg. 10 people Lost Dreams awaken group[Edinburg] - Thursdays @ 7PM Avg. 4 people Lost and found group [Harlingen] Sundays @ 6:30 PM Avg. of 5 people In loving service, Rebecca L.

Southeast Texas: Micah J.

We have 8 groups and 40 meetings per week in the Southeast Texas Area. Wings of Freedom in Nederland, CCC, Subject to Change and Just for Today in Beaumont. New Life in Rose City, New Attitudes in Jasper, Oasis in Port Arthur and Freedom to Change in Orange. For the most up to date SETANA meeting schedule, please visit www.setana.org

H&I

Southeast Texas Area H&I is bringing meetings to The Melton Center and Franklin North Women's Treatment. We no longer bring meetings to Franklin South Men's treatment center. Their new director decided to go a different route

Trusted Servant Positions

Facilitator: Bert
RCM: Micah J.
RCM 2: Paulina G.
Treasurer: Cindy B.
Co-Treasurer: Amber B.

Recorder : Adam D.H&I : Bryan A.Co H&I: BeckyPI : Dave H.

Activities : Teresa B.Outreach : Twana S.

• Co - Outreach : Marcus W.

Our first quarter Regional Donation was \$131.17.

Area News

Our new Area Policy will hopefully be adopted soon. It took a lot of work this last year,

but it will be worth it. We are excited to learn and see CBDM in action in our area.

The New Life group anniversary and the Wings of Freedom annual picnic were both well attended last month.

We have no Area Concerns.

Upcoming Event

H & I Learning Day at Rainbow of Hope in Houston June 24th, 12 – 4

Texas Tri-County: Vic G.

Greetings, Tri-county area consists of 15 groups. The Vigilance group from Pearland has joined our area. They were previously with the Freedom Area

7 H&I commitments, 2 Prison, 4 treatment centers and 1 county jail.

Tri County Area convention will be held Nov 3-5 @ Hilton NASA

We have two new RCMS Brian W and Jamie F

This will be our last regional service meeting as RCMS, thank you for allowing us to serve.

Our Common Welfare committee hosted a workshop on disruptive and predatory behavior on March 25th at New Hope Group in Alvin Tx. They had a great turn out and it was very educational for many people.

Subcommittee Reports

Adopt An Inmate Facilitator: Herb M.

Adopt An Inmate (AAI) sent out 23 basic texts (including a Spanish edition) and 2 It Works How and Why this quarter. Due to unforeseen circumstances, I will not be able to attend the meeting in its entirety. I may be able to jump into the meeting for the second half. Please consider this my notice of absence this quarter. Yours in Service, Herb M. (AAI Facilitator)

Internet Technology Facilitator: Steve S.

Oral report submitted.

Literature Review Facilitator:

Hello from Literature Review!

There will be a project to revise The Loner IP. More will be revealed about when this project will start. The H & I Handbook will also be revised.

The Literature Survey in the CAR showed some interesting results.

For new recovery literature the highest regional response was for creating a new IP or booklet for DRT/MAT as it relates to NA. The highest individual member response was for a step working guide aimed at members not new to working the steps.

For revisions to existing literature the highest regional response was to revise and simplify the Step Working Guide. The highest individual member response was to add 'gender' to 'What is the NA Program?' reading.

For new service material both the highest regional response and individual member response was for creating a PR video explaining what NA is, how it works and how to contact us.

For revisions to existing service material the highest regional response and individual response was to revise and update the service pamphlet Disruptive and Violent Behavior. This generated the highest response of any of the topics in all categories.

The proposal for a new IP for a daily personal inventory of gratitude received strong support. More will be revealed on any projects that come from these results.

Thank you to Ruben and Steve for helping me with information for my report.

Please contact me if you have questions or need more information. In Loving Service, Lynn S

Public Relations Facilitator: Paul S

I will be bringing ALL the TBRNA-PR items to turn over to the body. Please accept my resignation, thank you.

Hospitals & Institution: Not present, no report.

Old Business: On-going Discussion –

Ad Hoc Committee "Sponsorship Behind the Walls"

Good Morning,

I'm in Dallas for graduation and I forgot my notes at home. I will get a report out by tomorrow. I'm sorry for the delay. Thank you, Susen GB

NATEXAS.ORG

Meeting March 13, 2023 Facilitator: Randie B. – Tejas Bluebonnet Region

In attendance:

Penny H. – Best Little Region Krista – Best Little Region

Tom K. – Rio Grande Region Jay M. – El Paso

Pete – El Paso Mary B. – Lone Star Region

Chris C. – Tejas Bluebonnet Region Ruben P. - Tejas Bluebonnet Region

Topics brought forward to consider for Website:

Website is for Professionals to find NA Use of Map to click on for meetings

YAP for Phoneline BMLT

Helpline Numbers Link to Regional Websites

1 or 2 PR and HI Coordinator for Site 1 Representative from each Region to be accountable to

Emails being answered promptly PR Video on the site

Email lists and mailings to professionals with identifiable and identical artwork and info.

PR Presentation requests

PR Presentations at State level H&I Panel Requests

Re-Entry Prison – handouts to all leaving Emails from same place – always identifiable

Collection of emails Commitment from Regions

Annual cost to each Region Standing Committees

Services we offer: /H&I/Meetings/Helplines/Resources

3 Zones in Texas

Similar to what Canada did Western States has Resources

Professional Conferences Shared Services Committee to do Statewide presentations

Guidelines needed: Mary and Randie will work on

Next Meeting will be held on Zoom May 15 at 6:30

Proposals submitted & sent back

- 1) Subcommittees are to submit their annual budget for approval at the August RSC. The budget amounts will be recorded by the Treasurer and compared to fund requests.
- 2) The Administrative Committee is to submit their annual budget for approval at the February RSC. Each servant will input their cost anticipated throughout the year. The budget amounts will be recorded by the Treasurer and compared to fund request

Intent is to remove hard budget numbers from the Regional Policy for flexibility, and to provide a running tract-able budgetary methodology. Both budgetary concerns proposed by Tom K Consensus

Open Discussion & New Business:

Proposal: In the TBRSC Policy, "Section 3. Proposals", on pages 6-7, after the sentence ("Decisions will be

made by CBDM"), INSERT: "EXCEPTION: Any proposals intended to be presented in the CAR as a motion

at a WSC will go back to areas for discussion."

Intent: Eighth Concept - Our service structure depends on the integrity and effectiveness of our communications.

"Finally, full and frequent communication is essential in the development of group conscience; the spiritual means by which we invite the influence of a loving God in making our collective decisions. To develop a group conscience, communication must be honest and direct. Without the full picture, seen from all sides, our groups, service boards, and committees cannot develop an informed group conscience." (The 12 Concepts of NA Service, p. 18)

Below is an example of how the section would appear if the proposal passed. (New section highlighted in orange).

3. PROPOSALS

Any Regional Trusted Servant (RCMs, Committee Chairs, RD, RDA or Administrative Committee members)may submit a proposal. All proposals and their results brought before the body are recorded in the minutes. If at least 20% of the Regional Committee Members (RCM's) request that a proposal go back to the areas for discussion, it will. Voting and proposals are made by any RSC participant. Decisions will be made by CBDM.

EXCEPTION: Any proposals intended to be presented in the CAR as a motion at a WSC will go back to areas for discussion.

Only RCM's will participate in the decision making on business proposals which have been sent back to the areas for consideration. Consensus

Proposal: RCM TBRNA SERVICE GUIDE Consensus

Proposal: by Esperanza Area: In TBRSC Policy section 9.13 pg 19 on the third bullet point add to the sentence (Willingness to facilitate workshops upon request)

Change to: Willingness to facilitate workshops intent on the development of area PI subcommittees as well as informing the public about Narcotics Anonymous upon request.

In TBRSC Policy section 9.13 pg 20 after line item g

(Inform professionals and the public about Narcotics Anonymous as a resource.)

Insert: H. PR funds and resources shall be used to create and improve relationships with those outside the fellowship.

<u>Intent:</u> Concept 8. Our service structure depends on the integrity and effectiveness of our communications

We need to clearly communicate the responsibilities assigned to our subcommittees so they can be most effective.

Discussion on this proposal: David P.: Has the current subcommittee been asked to do workshops intended on other things? Is that why we're adding this? Is there a reason for it?

Response from Jesse: The intent is to clarify why we're having these presentations to develop the local PI so that they could carry on and carry the message more practically because if it's not practical, it's not spiritual. It's not practical to travel to everybody's celebration to put on presentations but if we train every Area how to do it and then they could carry on the torch and that's really the change that I think will have on this policy.

Question: Are we being asked this now?

Jesse: The Record would show that the funds are being spent on traveling to events and putting on these presentations – which he does good work – I like these presentations with a lot of good stuff in them and very useful tools but, they would be more effective if we were train local PI to do the same thing – empower them, give them the tools that we have as a region into the areas so they could further and more effectively carry that message.

Discussion continued.

Amendment to change "shall" to something softer: yes, to "should"

Detailed explanation of PR responsibilities presented by Tom K. Facilitator

Discussion on having PR at conventions.

Discussion on what Paul S. did and did not do as PR Facilitator.

Discussion on going around and around discussion on this topic and that this proposal needs more specific data.

Member stated she wanted everyone to hear what she had to say that she will not tolerate any more talk about a person by name who is not here to defend himself because it discourages her to step up to future service commitments and it is inappropriate.

Jesse was asked if he was available for the PR position. He is not. Has looked into the PR Handbook. Discussion about the PR position and who trains the PR facilitator.

This recorder stated that we have a **proposal on the floor.** 5 stand asides. 6 stand asides Majority of stand asides. **No consensus.**

Discussion on open position and having a PR training at the area level. There is a place at the SZF for PR training. Resources are out there.

For the Record, the Public Relations Facilitator has resigned and this position is open and goes back to the Areas for nominations unless we get a nomination here today.

SZF 7:30 on the second Tuesday of every month with a virtual link for PR Train the Trainer this Saturday.

Appointing an interim PR facilitator discussion: This discussion started off by RDA talking about possible travel to Tennessee for this event.

Patsy P. nominated for interim but to allow for the process to go back to the groups. Qualifications at a later date. For clarification, Patsy P. is nominated as PR Facilitator and nomination goes back to Areas.

<u>Proposal:</u> By HASCONA – all RSCs become virtual primarily and at least three out of four become virtual only. <u>Intent:</u> Better use of NA funds. Tradition Seven and Concept Eleven. 10 Stand Asides. <u>No consensus.</u>

Proposal: At the Regional Assembly and the Co-Facilitator informed the maker of the motion that it was out of order and was to be discussed at Region. It was agreed that that regional assembly was regional assembly business and not RSC business.

Proposal: TBRCNA 24 and RSC fall on the same weekend. It is proposed to move RSC to February 3, 2024 in CTANA. **Consensus**

Discussion about Square Reader account still being in Susen BG's account. Close the account.

Tenth Concept blurb by Chris C.: This topic has been brought up in little bits and pieces – The big pink elephant, monkey, or whatever zoo animal you want to call this and has been brought up numerous times. I would like to address the giant elephant in the room that seems to have started to live in our regional meetings. This touches on many spiritual principles, traditions and concepts. Unity, openmindedness are the basics. The following is based on my observation in conversations with other addicts. I also have talked with my area about my observations. I also talked to all of these people about the strife that I have and the fact that I feel strong enough about this debt to voice it. Members of this body have taken it upon themselves to tell others how to do their recovery specifically regarding making lists of people who they have harmed and when and how amends should be made. This is something between an individual and their sponsor's support group. This is also not appropriate for a business meeting discussion. This is a business meeting, not a place to attack or dictate how others do their recovery. There are other forums to do that. Just as it is the responsibility of the group to sponsor newcomers and responsibility to help men and women at the regional level as well. If issues with individuals personalities, please discuss this privately. This has been brought up at numerous meetings as well. It's not as important when someone leaves the room. We don't need to know why they left the room, when somebody does and does not leave the room. If it's important to share when somebody leaves the room tell us when anyone leaves the room and when they return. This brings up a huge issue, we've talked alot about this in past business meetings about personalities. Today is a fabulous example with our former PR chair. There are personalities that come into play with every single position because we all are personalities. This is not the only time that something like this may happen, we just need to kind of safeguard ourselves for a future happening.

Another item that is causing disunity and distracting from getting business done is the giving of opinion. People's excitement is gratefully heard and loved. As trusted servants we have an obligation to report what is happening not to give our opinion. While NAWS is a corporation, it is shown and stated in Guide to Local Services, it's still an inverted pyramid. It's up to us as trusted servants to report up the service structure, not the other way around. The world board takes direction from the zones, the region not the other way around, just as the region listens to areas. If there's any questions, or a different perspective, we can discuss this after the meeting. I love you all and thank you. Love and light.

Discussion on RD rolling off and the RDA will be assuming the role of the RD. Next Regional Assembly next March? Correct. Yes.

Discussion on the RD rotation, the 3 year rotation and would it be prudent to move that rotation and training someone for the next conference cycle they would be prepared. 18 months is the next conference.

Facilitator asked for a Roll Call.

Treasurer: Voided check from TRBCNA New check is \$15,379.41 \$12,500 should be in 2024 account. Plus \$1,000 already given equals \$13,500 in seed money and should also include square money minus the square fee – bank account should show \$14,057.81. This will be explained to Chris in more detail. Working Balance before Prudent Reserve: \$29,474.25

7,689.70 (50% of \$15,379.41 from convention funds) NAWS

\$8,027.50 x 20% = \$1,605.50 leaving \$6,422

Proposal: Donate additional \$3,000 from \$6,422 to NAWS

Discussion on additional funds.

Freedom Area suggested that we use the additional funds to get books to donate back to the Areas like H&I facilities that need it instead.

Why are we donating additional funds to NAWS?

Amendment: Donate an additional \$1500 to NAWS and \$1500 to H&I.

Explanation given on how and why we donate additional funds to NAWS.

5 Stand Asides Consensus

Donating \$10,795.20 leaving us a total working balance of \$4,922 (After prudent reserve is deducted) Discussion from H&I: On funds being sent back to Areas for literature. If Areas needed literature, they should have purchased literature before they sent the donation to region. Haven't spent any funds because no area has requested H&I to come to any events.

Discussion on RD travel to Tennessee: Flying or virtual? RDA Ruben stated he was going to fly unless this body doesn't want him to.

Since RDA report included how the WSC conducted the business virtually, it wouldn't be prudent to fly out to Tennessee.

Travel funds for RD and RDA has been spent on WSC so the RDA will travel to Tennessee virtually.

Treasurer's correction: SZF donation of \$300 is to be deducted from \$4,922 which leaves a balance of \$4,622.

Discussion: On concept of saving money, the prudence and responsibility but also as a fellowship, we have the responsibility to act in faith and not obsess about money.

Discussion on going virtual to Tennessee and flying to Detroit in October and will be discussed at the next RSC.

Closing discussion about H&I not being present. Facilitator stated that was most stuff and not needed to be brought up.

Discussion on CAC election being passed over.

Record deciphered to the best of my ability by Esteban R.